

Quarantine regulations

for the Mettmann district (duration of quarantine applies from the date of testing in each case)

Reason: test result is available from the lab before the health authority contacts the person who has taken the test



Testing based on symptoms



quarantine until test result
negative test result =
end of quarantine



Positive result +
no symptoms



immediate, 10-day quarantine



Positive result +
symptoms during
quarantine



extension of the 10-day
quarantine until after a 48-hour
symptom-free period



Household members



quarantine from the same time,
but for four days longer than the
person who tested positive

A negative test result does not reduce the quarantine period.

More information at [kreis-mettmann.de](https://www.kreis-mettmann.de)